

# THE MCGILL PAIN QUESTIONNAIRE (MPQ) – ABBREVIATED

Name \_\_\_\_\_ Number \_\_\_\_\_ Date \_\_\_\_\_

PRI: S \_\_\_\_\_ A \_\_\_\_\_ E \_\_\_\_\_ M(S) \_\_\_\_\_ M(AE) \_\_\_\_\_ M(T) \_\_\_\_\_ PRI(T) \_\_\_\_\_  
 (1-10) (11-15) (16) (17-19) (20) (17-20) (1-20)

- 1. Flickering
- Quivering
- Pulsing
- Throbbing
- Beating
- Pounding

- 2. Jumping
- Flashing
- Shooting

- 3. Pricking
- Boring
- Drilling
- Stabbing
- Lancinating

- 4. Sharp
- Cutting
- Lacerating

- 5. Pinching
- Pressing
- Gnawing
- Cramping
- Crushing

- 6. Tugging
- Pulling
- Wrenching

- 7. Hot
- Burning
- Scalding
- Searing

- 8. Tingling
- Itchy
- Smarting
- Stinging

- 9. Dull
- Sore
- Hurting
- Aching
- Heavy

- 10. Tender
- Taut
- Rasping
- Splitting

- 11. Tiring
- Exhausting

- 12. Sickening
- Suffocating

- 13. Fearful
- Frightful
- Terrifying

- 14. Punishing
- Grueling
- Cruel
- Vicious
- Killing

- 15. Wretched
- Blinding

- 16. Annoying
- Troublesome
- Miserable
- Intense
- Unbearable

- 17. Spreading
- Radiating
- Penetrating
- Piercing

- 18. Tight
- Numb
- Drawing
- Squeezing
- Tearing

- 19. Cool
- Cold
- Freezing

- 20. Nagging
- Nauseating
- Agonizing
- Dreadful
- Torturing

PPI

- 0 No Pain
- 1 Mild
- 2 Discomforting
- 3 Distressing
- 4 Horrible
- 5 Excruciating

Accompanying Symptoms:

- Nausea
- Headache
- Dizziness
- Drowsiness
- Constipation
- Diarrhea

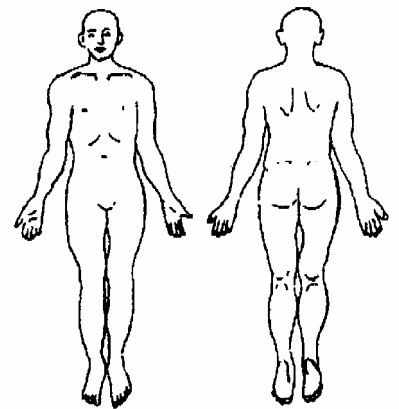
- Sleep:
- Good
  - Fitful
  - Can't Sleep

Comments

- Food Intake:
- Good
  - Some
  - Little

Comments

- Activity:
- Good
  - Some
  - Little
  - None



Comments

PPI \_\_\_\_\_

Comments

- Good
- Some
- Little

Comments

Reference: Melzack, Ronald.  
 Psychological Aspects of Pain, Pain,  
 1980;8;145 © Elsevier Science Inc.